



Free! Strengthening Families Program

Join us! Parents and children are invited to participate in a series of interactive, fun, family nights out.

LEARN HOW TO:

Listen more and yell less.

Prevent behavior problems.

Improve your relationship with your kids.

Build stronger relationships in family.

Better manage stress.

When and Where

The program is one day a week for fourteen weeks from 6:00pm – 8:00pm.

Registration and Deadline

Mally Mitchell: mally@justsaysomethingsc.org

- Program Coordinator

Strengthening Families Graduation

Families that complete the program will participate in a graduation ceremony and receive a certificate of completion.

Other Benefits

- FREE dinner at each session
- FREE gifts and raffle prizes
- FREE child care
- FREE transportation as needed

**JUST SAY,
SOMETHING**
conversations about drugs and alcohol

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Children's Trust
OF SOUTH CAROLINA