

BACK IN CONTROL FOR DADS

850 S Pleasantburg Dr, Greenville, SC 29607 | JustSaySomething.org

BACK IN CONTROL

Looking to get your teenager back on track? Back in Control is specifically designed for parents who are dealing with challenging teens.

This isn't just some theoretical parenting class - it's practical, straight-to-the-point training that shows you how to set real boundaries that work. The best part? If you're in South Carolina, it's completely free.

The course runs for 6 weeks, Monday nights from 6-8 PM. This is a solid investment of your time in getting your home life back in order. They cover everything from setting rules that actually stick to handling tough stuff like drugs and alcohol. No kids allowed, so you can speak freely about what's really going on at home.

A PARENT ENRICHMENT COURSE

This parenting course at Just Say Something is nationally accredited and DSS approved. This course works to help add vital tools to every parent's toolbox to ensure that their family can reach their full potential.

Both English and Spanish sessions are available, so bring your buddies who might need this too.

Ready to take back control? Just call Just Say Something at 864-467-4099 to sign up.

It's two hours a week that could change your relationship with your kid. Sometimes we need some solid backup, and this is it.

JUST SAY
SOMETHING

This class covers topics including:

- **Why rules are important**
- **The four elements of a good rule**
- **Effective follow through**
- **Responsibility and trust**
- **The four W's of parental supervision**
- **Consistency, consequence**
- **Alcohol, Tobacco, Marijuana, Opioid and Other Substance Prevention**



To learn more about all of our Parenting Programs, visit JustSaySomethingSC.org