

BACK IN CONTROL

850 S Pleasantburg Dr, Greenville, SC 29607 | JustSaySomething.org

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This course is designed for parents of adolescents and teens to help them regain control of their children. This 6-week class is held every Monday night from 6:00-8:00pm for English AND Spanish speaking parents at our office. Parenting courses are free to South Carolina Residents. Children are not allowed to attend.

A PARENT ENRICHMENT COURSE

This parenting course at Just Say Something is nationally accredited and DSS approved. This course works to help add vital tools to every parent's toolbox to ensure that their family can reach their full potential.

For more information on parenting course for English and Spanish speaking parents, contact our office at 864-467-4099.

NOTE! If you have any questions, please call us at 864-467-4099.

**JUST SAY
SOMETHING**

This class covers topics including:

- **Why rules are important**
- **The four elements of a good rule**
- **Effective follow through**
- **Responsibility and trust**
- **The four W's of parental supervision**
- **Consistency, consequence**
- **Alcohol, Tobacco, Marijuana, Opioid and Other Substance Prevention**



For more information on parenting courses, visit JustSaySomethingSC.org