

# PARENTING WISELY

850 S Pleasantburg Dr, Greenville, SC 29607 | JustSaySomething.org

## A PARENT ENRICHMENT COURSE

This parenting course at Just Say Something is nationally accredited and DSS approved.

This course works to help add vital tools to every parent's toolbox to ensure that their family can reach their full potential.

All course details are listed below.

To sign up, please contact our office at 864.467.4099.

## PARENTING WISELY

This course is designed for parents of children from birth to 8 years old.

This 5-week class is held at our office every Tuesday night from 6:00-8:00pm for both English AND Spanish speaking parents. Parenting courses are free to South Carolina Residents.

Children are not allowed to attend.

For more information on parenting courses for English speaking parents, contact Just Say Something at 864-467-4099.

For more information on the dates and times for parenting courses for Spanish speaking parents, contact our office at 864-467-4099.

**NOTE!** If you have any questions please call us at (864) 467-4099 to register!

JUST SAY  
SOMETHING

**This class will help parents of young children enhance their skills and gain confidence as a parent by covering an array of topics including:**

- **What is Parenting**
- **Nutrition & Health**
- **Child Safety**
- **Positive Discipline**
- **Parenting Styles**
- **Controlling Anger**
- **Communication Skills**
- **Family Management**
- **Alcohol, Tobacco, Marijuana, Opioid & Other Substance Prevention**



To learn more about all of our Parenting Programs, visit [JustSaySomethingSC.org](http://JustSaySomethingSC.org)