

STRENGTHENING FAMILIES PROGRAM

850 S Pleasantburg Dr, Greenville, SC 29607 | JustSaySomething.org

Strengthening Families Program (SFP) is designed for families of children age 7 to 17.

Just Say Something is providing this program in Greenville and Spartanburg County and it is a free program for all families who attend. SFP is a national program that is proven to help reduce at-risk behaviors among youth (i.e. delinquency; truancy; and underage alcohol, tobacco, marijuana, opioid and other substance use) and child maltreatment while improving social competencies, school performance, parent-child bonding, and effective parenting skills.

To support the Strengthening Families Program and to help keep it going, donate items specific to the program through our Amazon Wish List!

The logo for Just Say Something, featuring the words "JUST SAY" in orange and "SOMETHING" in white, with a stylized white arrow pointing upwards from the letter 'I' in "SOMETHING".

JUST SAY
SOMETHING

You and your family will learn and improve upon the following things:

- **Listen more and yell less**
- **Prevent behavior problems**
- **Improve your relationship with your kids**
- **Build stronger relationships in the family**
- **Better manage stress**
- **New cycles start every four months.**



CLICK HERE
to register online. For more information, contact Just Say Something at 864-467-4099.